



Did you know that every weekday, a public health nurse posts on Facebook information on various health topics related to children and youth?

Do you have questions?

A nurse can respond to you on the wall or by private message.

Where can I get more info youth and sexuality?

Are energy drinks safe for my teen?

I'm concerned about my child's mental health...
Where can I go?

[Take this 5-minute **survey** and let us know what you think!](#)